

## SECOND NINE WEEKS MASTERY GUIDE

### EIGHTH GRADE

HEALTH	P. E.	MUSIC	GUIDANCE		
<p>~ Nutrition                      -- <i>The students will understand nutrition principles such as the food pyramid, serving sizes, storage and preparation and the identification of nutrients and minerals.</i></p> <p>~ Environmental and community health                      -- <i>The students will recognize environmental practices/products and the appropriate use of community services that promote healthful living.</i></p>	<p>~ Students will perform a variety of movement skills involving spatial awareness.</p>	<p>~ Exploring musical elements of melody, harmony and rhythm</p>	<p>~ Safety                      ~ Decision Making                      ~ Community/Service                      ~ Career Development</p>		

These standards may be introduced at a different time during the school year dependent on individual school schedules.